**Ar and Mr**

Ar – Relative atomic mass (mass number on the periodic table)

E.g. Fluorine

Mr – Relative molecular mass (sum of all Ar values)

 Also called relative formula mass - RFM

**Finding Ar**

Use your periodic table to find the Ar of the following elements

C

O

Na

H

Mg

**Calculating Mr**

H2O

NaOH

Mg(OH)2

