**Ar and Mr**

Ar – Relative atomic mass (mass number on the periodic table)

E.g. Fluorine



Mr – Relative molecular mass (sum of all Ar values)

Also called relative formula mass - RFM

**Finding Ar**

Use your periodic table to find the Ar of the following elements

C



O



Na



H



Mg



**Calculating Mr**

H2O



NaOH



Mg(OH)2

